

8. JOURNAL PROMPTS

Black Power Maps

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Write down a full account of a dream you've had recently. Try to include as many details as possible.

Think back over some of the dreams you've had and try to identify recurring themes. Perhaps you're often being chased in dreams (or doing the chasing), or maybe a lot of your dreams are set in nature or feature animals.

Identify the people, creatures, and animals in your dreams by describing them. Could they become characters in your next short story?

Do you ever notice minute details in your dreams? Try to pinpoint seemingly minor details that appear in your dreams and write descriptions of them.

Do your dreams ever stick with you throughout the day? Are images from your dreams haunting you as you go about your business? Why do you suppose this happens with some dreams but not others? What are the images that linger?

Have you ever felt like a dream was trying to tell you something or send you an important message? What was the dream? What message did you come away with?

If you could construct a full, vivid dream, which you will have tonight and remember in full tomorrow, what would happen in the dream? Who would be there? Where would it take place?